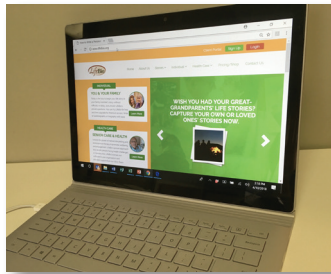


LifeBio captures life stories in senior living and health care organizations. LifeBio is an evidence-based approach that reduces loneliness while increasing **social connectedness**, feelings of happiness, and overall **wellbeing**. Staff members build strong connections when each unique person is more deeply known. LifeBio helps individualize activities, and it supports regulations that require **person-centered care** and personalized **memory care**. LifeBio partners with communities and organizations to use the power of individuals' life stories to improve overall **quality**, health outcomes, relationships, and care.

TOOLS FOR CAPTURING STORIES

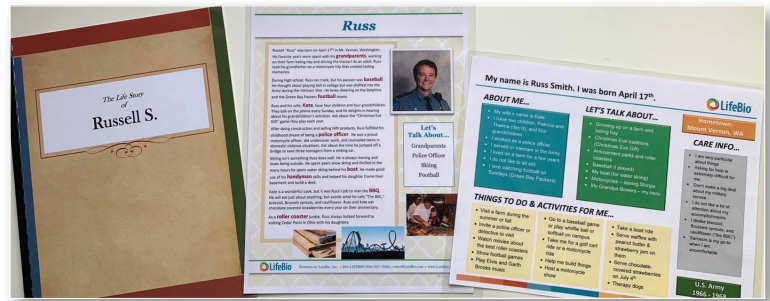
- LifeBio – www.lifebio.com
- Journals with Guiding Questions
- Phone Interviews for Memory Care

STORY CREATION



LIFEBIO'S STORY TEAM DELIVERS DIGITAL/PRINTED:

- Life Story Books – book of stories and memories for each participant, the gift of legacy for the senior and family
- Snapshots – 1-page displayable summary
- Action Plans – behind-the-scenes care planning document



ENGAGEMENT

LifeBio brings people together with the opportunity to meet 1 on 1 or in small groups to participate in reminiscence activities and classes together.



CONNECT

LifeBio promotes intergenerational experiences. LifeBio's CONNECT Program trains youth and adult volunteers to interview seniors in one or more sessions. Youth benefit greatly from learning more about history and the joys and challenges of life from older adults. Seniors enjoy sharing wisdom and advice. Books are presented at the end of the CONNECT experience.



Activities

LifeBio 101 Classes: 6-week or 8-week or 12-week reminiscence classes

What's Your Story? Story Cards: 100+ conversation starters for ongoing engagement. Great for staff, family, or younger volunteers to use when visiting

MemoryBio: Photo-based way to engage 1 on 1 or in small groups for people with dementia and their caregivers (staff or family)

SERVING ALL AREAS

- Independent Living
- Assisted Living
- Memory Care
- Long Term Care/ Skilled Nursing
- Home Health & Hospice

ONBOARDING & TRAINING

To make the LifeBio process simple, LifeBio offers Getting Started Training for staff. LifeBio Dementia Care Training is an option that can be provided as well. Staff members are supported by LifeBio's Story Team every step of the way. Our Setup and Permission Form makes it easy to invite new seniors and their family members to participate!

LIFEBIO HELPS NURSING HOMES with Federal Center for Medicare and Medicaid (CMS) Regulations

Centers for Medicare and Medicaid (CMS) regulations require person-centered care

– (483.5) to help residents make their own choices. The resident rights (483.10, F550) state the nursing home is required by CMS to treat residents with respect and dignity, maintain or enhance quality of life, and recognize individuality.

Comprehensive Person-Centered Care Planning – 483.21 (F636 / F656)

Know the resident's strengths, goals, life history and preferences in addition to resident's needs. Attain or maintain the "resident's highest practicable physical, mental, and psychosocial well-being."

Activities – 483.24 (F679)

An ongoing resident centered activities program that incorporates the resident's interests, hobbies and cultural preferences which is integral to maintaining and/or improving a resident's physical, mental, and psychosocial well-being and independence. To create opportunities for each resident to have a meaningful life by supporting his/her domains of wellness (security, autonomy, growth, connectedness, identity, joy and meaning).

DEMENTIA

Behavioral Health Services – 483.40 & 483.24 (F679)

Use individualized approaches for wellbeing and non-drug approaches to care. All residents have a need for engagement in meaningful activities. For residents with dementia, the lack of engaging activities can cause boredom, loneliness and frustration, resulting in distress and agitation. Activities must be individualized and customized based on the resident's previous lifestyle (occupation, family, hobbies), preferences and comforts.

Contact LifeBio if you would like to pursue innovation grant opportunities (Civil Monetary Penalty (CMP), local grant funding, etc.) or quality assurance/performance improvement (QAPI) projects. With new PDPM changes, LifeBio is a vital tool. Knowing the whole person and their psychosocial needs will support achievement of outcomes and goals.



LifeBio
232 N. Main Street, Suite 2J
Marysville, OH 43040 USA